

There is no doubt smoking causes more than millions of deaths each year in the world .This is nearly one of in five deaths that causes s diminished overall health, increased absenteeism from work, enhanced health care utilization and cost.

In order to be a good member of any society the individuals must respect for citizenship rights and obey the rules of their community. Smoking brings about incurs different diseases and damages our brain and lungs and always leads to cancers of various parts of the body also brain stroke which paralyses makes para-lashed our body so that many countries have already banned smoking in public places.

There are several benefits to forbidding smoking in the public places, for instance smoking ban will definitely improve the quality of air we breathe. Cigarettes contains nicotine which is a cancerous substance. In addition to cancer, smoking results in several other health problems.

In fact, statistics have shown tremendous rise in the occurrence of mouth cancer among people who smoke regularly .Smoking may also cause other issues like heart attack and respiratory illnesses. The biggest problem with smoking is that in order to the people around suffer from its ill effects .It is particularly harmful for young children and pregnant women.

So overall, I personally believe that governments should ratify rules for banning smoking in public places. This might make cause some inconvenience to chain smokers, but ultimately this ban will benefit them as well.

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